

of Stow





## There is nowhere quite like Newlands

Newlands of Stow has earned an unrivalled reputation for delivering unparalleled care, companionship and hospitality for our residents.

Our magnificent Cotswold country house, set on the edge of the historic market town of Stow-on-the-Wold, offers a supportive, safe, comfortable and active living environment.

Established as a care home in 1991, it has a depth of quality and style as evidenced by the traditional honey coloured stonework, the oak panelled walls and the exceptional panoramic views over the Cotswolds which residents can enjoy from the terraces that overlook the beautiful formal gardens.

Stow-on-the-Wold is just a short, level walk from Newlands, with restaurants, tearooms, antique shops and boutiques. The home is also within easy reach of Cirencester, Cheltenham, Oxford, Stratford-upon Avon and Tewksbury and just 90 minutes from London by train.

# Enjoying your life your way

Our priority is to ensure our residents live their best possible lives. At Newlands we help residents to maintain their independence and dignity, while ensuring their needs and expectations are fully met. As a team, we appreciate that it is the little details which enrich our residents' lives. Our many years of knowledge, expert training and empathy ensure the very best personalised care and comfort for our residents.

Life at Newlands is all about individual choice and flexibility as to how the day is spent. This extends to the time of rising and retiring, when meals are taken and everything in between, so residents can enjoy their chosen lifestyle in a calm, tranquil environment.

Living well also encompasses the style and comfort of where our residents live; elegant rooms and suites are tailored to suit individual needs, each one designed with tasteful furnishings, ensuite facilities and state of the art technology to ensure they feel relaxed and at home in their surroundings.





### A reputation built on exceptional care

Newlands has an outstanding reputation, offering long term, convalescent care and respite. Here, compassion, kindness, dignity and respect are paramount. The skills, empathy, and understanding we offer, along with our specialist facilities, not only enhance the quality of life of our residents but offer reassurance to those closest to them.

Qualified nursing provision is available 24 hours a day, alongside a dedicated, skilled team of carers. We are proud of the longevity of our team, and our residents benefit from being looked after by staff that they have come to know well. This personal connection also ensures our team understands individual needs, likes and dislikes to make life as pleasant as possible for our residents.

In addition to our in-house team, an outstanding General Practitioner visits the home weekly, and additional medical services, including a private Doctor and visiting Consultants, are also available. Specialists in physiotherapy, speech therapy, audiology, chiropody, dentistry and optometry also visit on a regular basis.

### Residential and nursing care

We fully appreciate how difficult our residents may find fundamental changes to their lifestyle. We offer residents longer term care and personalised support that respects independence and privacy. Our warm, friendly, and inclusive approach ensures freedom of choice in every aspect of an individual's treatment and their enjoyment of life, this also extends to their loved ones. Working together is fundamental in delivering and maintaining the

### A bespoke system of care

### Respite care

In some situations, where an older person is being cared for at home, there may be a need for a short period of support.

Sometimes, a short break surrounded by experienced and caring staff can greatly contribute to the wellbeing of those who join us, and their loved ones also benefit from this respite. Outstanding nursing care combined with tempting food, superb facilities and surroundings help those short term residents feel refreshed and can help build relationships that may be needed in the longer term.

#### Rehabilitation

For those needing additional support, or looking to gain confidence following an operation, or other medical issue, we enhance progress through our therapeutic short term rehabilitation programmes, giving our residents time to recover and convalesce. Our state of the art facilities and nursing are set up to ensure recovery is managed in accordance with each plan, giving time and additional support before a return home.

### Therapies

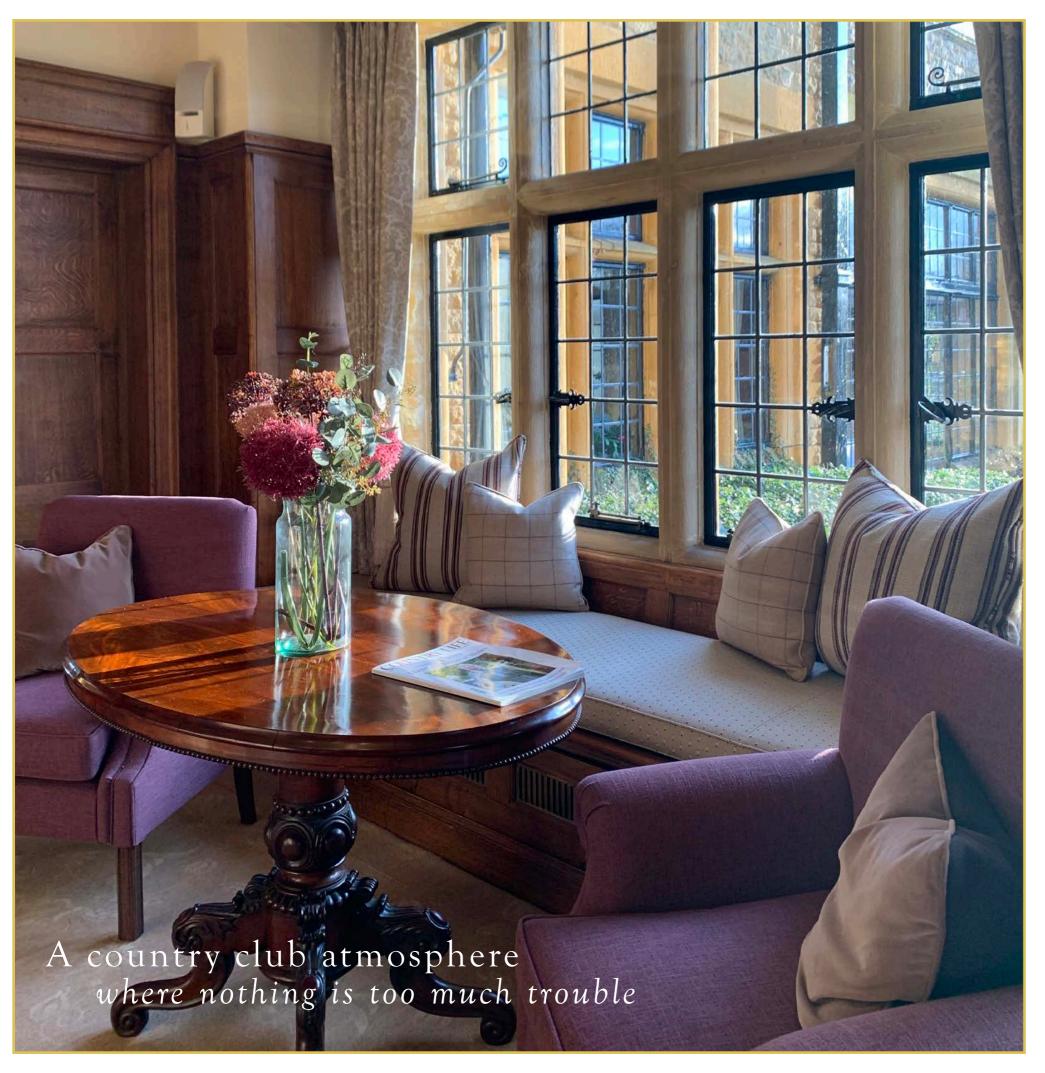
We offer a purpose-built physiotherapy suite which is open five days a week and available to both rehabilitation residents and outpatients who are looking to recover from injury, medical intervention or just improve mobility and quality of their life. Our physio team works to medical recommendations and plans, with other therapies, including Pilates and Yoga also being available.

#### Palliative care

At this incredibly sensitive and emotional time, our holistic approach helps to navigate care plans and wishes, supporting residents' physical, psychological and spiritual well-being along with the needs of their family and friends.

This ethos and approach to the comfort and feelings of all involved, is carefully considered for the peace and tranquillity of end-of-life care





# Enhancing the quality of life

Newlands really does provide a country club experience with a concierge service available to assist residents throughout the day to help with every need. The concierge will personally assist on all enquiries, from arranging outings and private appointments to ensuring family and friends can be booked into the restaurant.

At Newlands, residents can do as much or as little as they please, just relax in the club style atmosphere where nothing is too much trouble. Order a drink on the terrace and chat with friends, or nestle into a comfortable chair with a good book from the extensive library. If the internet is required, this is easily accessed, providing an opportunity for on line administration.

For those who enjoy the company of others, events and community pursuits are set out every week, so residents can choose from a full range of social interests within the home, challenging their creativity, sharpening their mind, or taking in visits as a group to places of interest.

Our chauffeur driven vehicles make getting out and about a seamless exercise, available for personal calls and social occasions, such as visits to the theatre, Daylesford, a music recital or even horseracing at Cheltenham and may be booked through the concierge.

# A dining experience tailored to you

Our care home residents enjoy five star dining, with meals freshly prepared by our chefs, using high quality ingredients and locally sourced produce where possible. Menus are thoughtfully constructed, taking into consideration personal choice, dietary needs, appeal and appetite.

Our commitment to nutritional balance is as strong as our presentation, contributing to a dining experience that enhances our residents wellbeing as well as their enjoyment.

In the summer months the terrace is a perfect place to enjoy morning coffee, a light al-fresco lunch with friends, or even indulge in a traditional afternoon tea while taking in the magnificent views.

A 24 hour snack menu can be found in the fully licensed coffee shop, where visiting family can be tempted by light meals and delicious home made cakes that are on offer alongside a wide range of hot and cold drinks.

For special occasions where residents may wish to entertain on a larger scale, a private dining room is available. Menus can be discussed with the chef to create a bespoke and memorable event.





## Enjoy the great outdoors

Newlands of Stow is renowned for its beautiful, secluded gardens. These expansive grounds are made up of several formal gardens, with seating and high hedges to provide shade, all carefully maintained to bring colour and interest for everyone to enjoy season by season.

This is a space where everyone can enjoy the benefits that the outdoors can bring. Residents are actively encouraged to take a gentle walk and enjoy the soft fragrance of lavender in the air, or simply sit and relax with a newspaper in a quiet corner of the peaceful surroundings.

Time with family and friends can be enjoyed together taking in spectacular views from the terrace, while sharing an evening drink served at your table. During the summer, events such as Jazz lunches or afternoon cream teas, bring the community together and are much enjoyed by all.

Those with an adventurous spirit will find the beauty of the Cotswold countryside right on the doorstep and ready to explore, with quaint market towns and villages as well as plentiful historical monuments and houses. Cultural pursuits, such as the opera can also be found locally at the renowned Longborough Festival, the area offers something for all.

"I always feel uplifted by my visits. You have created such a special place at Newlands and have ensured your residents live with support but also with dignity and respect."

Dame Janet Trotter

### Our Team

We are fortunate to have a dedicated and caring team at Newlands, who have many year's experience within the care environment.

Whatever you need, be it a bit of advice from our gardeners, a chauffeur driven outing to Cheltenham Races, or recommendations for the best cream tea in the Cotswolds, our friendly and knowledgeable team are always on hand to help.

A high percentage of our staff live locally and have worked at Newlands for many years, so we can confidently say, there's not much about the Cotswolds that we don't know.

The team are always delighted to welcome visitors to experience the essence of Newlands first hand. Visitors are most welcome to join the team for lunch, afternoon tea or at any time that is convenient.

Please call our Home Manager on 01451 870077 or visit us at newlandsofstow.co.uk











#### Newlands of Stow

Evesham Road, Stow-on-the-Wold, Cheltenham, Gloucestershire GL54 1EJ

t: 01451 870077

e: enquiries@newlandsofstow.co.uk

w: newlandsofstow.co.uk

